

2023

Pitching Limitation Rule

Each individual is limited on the number of pitches thrown on a given day. The chart below shows the number of days rest required after throwing a specific number of pitches. Required rest will be as follows:

1-30 pitches: 0 days

31-45 pitches: 1 day

46-60 pitches: 2 days

61-80 pitches: 3 days

81+ pitches: 4 days

Pitchers will have a daily maximum of 105 pitches.

A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit of 105 pitches during an at-bat, but must exit the position after the hitter. For all other pitch count thresholds, there is no allowance to finish the batter and remain under that threshold. This only applies to the 105 daily maximum.

A potential violation of the 105 maximum pitch count must be brought to the attention of umpires and opposing coaches before the actual violation takes place. At this time, coaches and scorekeepers will come to an agreement on pitch counts before the game resumes. A new at bat can start with pitch 105.

The home book will serve as the official book for pitch counts. Both teams are responsible for tracking pitches each game. The designated pitch count tracker for each team is responsible for confirming pitches with each other after each half inning. Any discrepancies are to be resolved the half inning in which they occur. If a dispute cannot be resolved, the number calculated by the home team will stand as the official number. Once the next inning has begun, the numbers from the previous half inning are final.

Any pitcher who throws 31 or more pitches in a game may not pitch in any subsequent games that day.

No player may make more than two appearances as a pitcher during any consecutive three-day period. Players will be charged with two appearances if they leave the pitching position and return as a pitcher in the same game. The penalty for violating this rule is forfeiture of the contest.

No player may enter the game as a pitcher unless having fulfilled the required rest days as mandated in the chart above. The penalty for violating this rule is forfeiture of the contest.

The Pitching Limitation Rule should be posted in each dugout at every game.