

2022

South Dakota High School Baseball Association

Pitching Limitation Rule

Pitchers will have a daily maximum of 105 pitches per day.

Required rest will be as follows:

1-30 pitches: 0 days

31-45 pitches: 1 day

46-60 pitches: 2 days

61-80 pitches: 3 days

81+ pitches: 4 days

A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit (105 only) during an at-bat, but must exit the position after the hitter. A pitcher who reaches any of the other pitch count limits may not finish the at-bat without taking the required days rest indicated by the total pitches thrown. For example, if your pitcher has reached his 30 pitch limit and finishes the at-bat, throwing 31 or more total pitches, he must have 1 day rest before he can pitch again.

Any pitcher who pitches more than 30 pitches in a game may not pitch in any subsequent games that day.

Players will be charged with two appearances if they leave the pitching position and return as a pitcher in the same game.

No player may enter the game as a pitcher unless having fulfilled the required rest days as mandated in the chart above. No player may make more than two appearances as a pitcher during any consecutive three-day period.

The penalty for violation of the pitching limitation rule will be forfeiture of the contest.

Coaches, it is your responsibility for making certain that your pitchers are complying with the pitching limitation rule. Both dugouts (teams) will agree on the official number of pitches at the end of each half inning, before the next half inning begins. In the event of discrepancies, the home team will be responsible for the final decision. The Pitching Limitation Rule should be posted in each dugout.